July Community Newsletter

Tips for Living, Laughing and Loving Your Apartment Life

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Midtown Apartments

Light Up Your Life with a DIY LAMP

What turns an apartment into a home? Unique and personal touches, especially if you can create them yourself. One DIY project that is easier to create than you might think is a custom-made lamp. You'll just need a little creativity and the following items:

~ A Do-It-Yourself Lamp Kit (can be found at big box hardware stores, such as Home Depot or Lowe's)

- ~ Lamp rod, if not included
- ~ Drill

~ Item you want to turn into a lamp (if you can drill a hole into it, you can make a lamp out of it. For example, you can convert that old trumpet or a unique ceramic vase.)

~ Lamp shade (you can use a plain one or jazz up a shade to fit your lamp)

DIRECTIONS:

1. Drill a 7/16-inch hole at the top of the item you want to turn into a light, and another near the base. These holes are for your lamp cord.

- 2. Cut your lamp rod to fit your specific item.
- 3. Next, add the washers and nuts to each end of your rod.
- 4. Thread the lamp cord through the rod.
- 5. Insert the rod through the hole that has been drilled at the top of your item.

Then follow the instructions on the lamp kit to complete your own custom-made lamp.

Turn Your Bedroom into Your Own Bonus Room!

Do you look at your bedroom as just a place to retire at night and get some welldeserved Z's? Well, it's time to rethink the way you look at this particular space in your apartment and make it work as hard as you do. Here are 3 ideas to help you get started.

~ Set aside a corner to use as an office workspace. You might want to use an inexpensive and lightweight room divider, so you can mentally separate the work area from your sleep space at night.

~ Get your zen on by creating an area for meditation. Choose items that will inspire peace within, such as plants, candles, or a favorite picture or saying.

~ Turn a section of your room into a reading nook. Outfit it with bookshelves, a comfy chaise, good lighting, and blankets.

In short, if you're looking for more usable space in your home, don't "sleep" on your bedroom.

Quick and Easy Summer Nicoise Salad

This recipe takes about 15 minutes to prepare and is perfect for a light, summer meal.

Ingredients:

2 cups mixed salad greens
1 can (5 oz) tuna in olive oil, drained
1/2 cup cherry tomatoes, halved
1/4 cup black olives
2 hard-boiled eggs, quartered
1/2 cup blanched green beans
1/2 small red onion, thinly sliced
1 small boiled potato, sliced (optional)
2 tablespoons olive oil
1 tablespoon red wine vinegar
1 teaspoon Dijon mustard
Salt and pepper to taste

In a small bowl, whisk together the olive oil, red wine vinegar, Dijon mustard, salt, and pepper. Arrange greens on a place and top with tuna, tomatoes, olives, eggs, green beans, onion, and potato (optional). Drizzle dressing over salad and toss gently. Enjoy immediately!

Important Information management Young Development Inc. our specials Call for specials

Fun Fact: July is National Hot Dog Month, and July 4 is the top hot dog consumption day.



Live for the buzz!

What Are Some Space-Saving, Life-Changing Hacks for My Apartment Bedroom?

You don't have to be a magician to create new space in your bedroom. You just need to be a little creative and utilize furnishings that can do double duty. Here are some of our favorite tips for ways to save space, as well as ones to create a better ambiance for your bedroom.

- ~ Instead of a stand-alone light, choose a floor lamp with shelves.
- ~ Utilize under-bed storage containers for your belongings.
- ~ Hang an over-the-door organizer up to store items, such as shoes or jewelry.

~ Invest in a slim tower fan versus a traditional version that would take up more room.

For a better night's sleep, you'll also want to consider doing the following:

~ Play a sound machine to mask noises that could disturb your rest. ~ Hang up black-out blinds to keep early morning rays from sneaking into your room.

These ideas may be simple, but they can really improve the vibe of your bedroom.

The Best Things in Life Are Free--Like Our Amazing Amenities

Life can be so frenetic. Work, family, social engagements, and errands can take up so much of your time that you may have forgotten that your apartment comes with some pretty amazing amenities (pardon us, if we do say so ourselves). So, make sure to set aside some time to utilize our:

- ~ Gym. Great news! No memberships required here to use our state-of-the-art exercise equipment.
- ~ Swimming pool. During the warmer months, lounge by our pool or put in some laps to get in shape.
- ~ Walking paths. Take your dog for a walk or go for a jog around the community.
- ~ Community areas. Grill up dinner or hang out in the communal areas.

Utilizing our amenities is a great way to meet your fellow residents and to, potentially, strike up some new friendships. Also, keep an eye out for apartment community-hosted events, which are another way to meet and socialize with your neighbors.

Midtown Apartments Calendar - July 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			