Midtown Apartments

SEPTEMBER 2025
COMMUNITY NEWSLETTER
Tips for Living, Laughing and Loving Your Apartment Life

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Be Extra Alert! It's Time for Kids to Head Back to School

Kids are heading back to school, so please drive slowly and stay alert throughout the community. Watch for children walking, biking, or stepping out between cars—and remember, some may be distracted by phones or devices.

Take extra care during darker mornings and evenings, especially around teen drivers or school buses.

Reminder: Never pass a school bus with flashing red lights and an extended stop-arm—it's illegal and dangerous.

Thanks for keeping our community safe!

Did You Know?
Apples are in season! Not only are they delicious, but they're also high in fiber and antioxidants—making them a perfect crisp and healthy snack as we head into fall.

Eco-Friendly Style: Try Upcycling!

Want to stay stylish and go green in your apartment? Try upcycling—a creative way to give old or unwanted items a new purpose. It's affordable, fun, and keeps usable items out of landfills.

Easy Upcycling Ideas:
• Repaint a free dresser from a Buy Nothing group
• Turn a pallet and cinder blocks into a coffee table
• Hang blankets from an old wooden ladder
• Decorate a crate for stylish storage
Where to Find Items:
• Thrift stores
• Curb finds
• Facebook Marketplace & Buy Nothing groups
• Friends and neighbors
Upcycling adds personality to your space—and helps the planet, too!

Autumn Chicken and Veggie Sheet Pan

Ingredients:
• Bone-in, skin-on chicken thighs
• Olive oil
• Fresh herbs - rosemary, thyme, sage
• Red wine vinegar
• Garlic
• Brussel sprouts
• Sweet potato
• Fuji apples
• Bacon
• Salt and pepper

Instructions:
1. Drizzle 2 Tbsp of olive oil, season with salt and pepper then toss to coat.
2. Spread into a pan in an even layer. Top with chicken pieces and sprinkle bacon over veggie/apple mixture.
3. Roast in preheated oven until chicken has cooked through and veggies are tender, about 30-35 minutes, broil during last few minutes for more browned crispy chicken skin.
4. Serve warm.

Important Information
Resident Referral
Refer a tenant and earn a $1000 rental credit when they move in!

LIVE FOR THE BUZZ

How to Be Green While You Clean

Want a cleaner home and a healthier planet? Try these eco-friendly cleaning tips:

1. Choose Green Products – Look for non-toxic, biodegradable cleaners with labels like EPA Safer Choice.
2. DIY Your Cleaners – Mix vinegar, baking soda, and lemon juice for effective homemade solutions.
3. Skip Aerosols – Use pump or trigger sprays to reduce air pollution.
4. Ditch Paper Towels – Opt for reusable cloths made from old t-shirts or microfiber.
5. Save Water – Turn off taps while scrubbing and use a bucket for mopping.

Small changes make a big impact—clean green and live sustainably!

Great Fall Reads—2025 Edition

Cool air, warm drinks, and a good book? Yes, please. Here are three buzzworthy titles to add to your fall reading list:

1. The Last Library on Earth by T.J. Quinn (Fiction)? In a dystopian near-future where all books are banned, a rebellious teenager discovers the last hidden library—and a resistance movement fighting to preserve stories. A gripping and heartfelt tribute to the power of literature.
2. The Other Sister by Lisa Jewell (Thriller)? This dark, twisty psychological thriller follows two estranged sisters whose past secrets resurface after one of them is accused of murder. Jewell fans won't be able to put it down.
3. Mindshift: How Small Changes Create Big Wins by Dr. Kira Menendez (Non-fiction)? A smart, practical guide for rewiring your thinking in work, life, and relationships. Packed with real-world examples and quick mindset tools, this book is perfect for a fall reset.

Midtown Apartments Calendar - September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				